



## Your PARI SINUS can do even more!!

By adding the PARI LC SPRINT® nebuliser, you can equip your PARI SINUS to treat the lower airways, or to hydrate the entire respiratory tract.



### Good to know:

If you feel an unpleasant sensation of pressure whilst inhaling, there is a way to reduce it: Turn the nose plug inside out and cut off the tip at the edge with a pair of scissors. Then turn the plug inwards again.

You can find more information in our user videos, which can be viewed at [www.pari.de/en](http://www.pari.de/en)



## At a Glance



**PARI SINUS**  
with PARI LC SPRINT® SINUS nebuliser  
Item No.: 028G1000



**PARI LC SPRINT® SINUS Year Pack**  
PARI LC SPRINT® SINUS nebuliser,  
PARI SINUS tubing system and filter  
Item No.: 023G2860



**PARI LC SPRINT® Nebuliser**  
(blue nozzle attachment) with mouthpiece  
for the treatment of the lower airways  
Item No.: 023G1000



**PARI LC SPRINT® SINUS Application Set**  
For use only with the  
PARI LC SPRINT® SINUS nebuliser,  
45° bend, nasal joining piece,  
vibration connection and nose plug  
Item No.: 023G2840



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## The New Wave in SINUSitis Therapy



## PARI SINUS Tips for Use and Hygiene

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# Usage Tips

- 1 Wash your hands thoroughly before every inhalation session.



- 2 Insert the orange nozzle attachment as far as it will go into the nebuliser lower section, applying gentle pressure. Screw on the upper section of the nebuliser.



- 3 Connect the bend and the nasal joining piece to the nebuliser chamber.



- 4 Add the inhalation solution and close the cap.



- 5 Attach one end of the 1<sup>st</sup> tube to the vibration connection on the top of the nebuliser and the other end to the "vibration" socket on the compressor. With the second tube, connect one end to the bottom of the nebuliser and the other one to the "air" socket on the device.



- 6 Do not carry out a treatment session if your nose is blocked. If you have a cold, the PARI MONTESOL nasal douche may help. For more information, visit [www.pari.de/en](http://www.pari.de/en)

- 7 Sit in an upright and relaxed position. Close off one nostril with the nose plug and position the nebuliser against the other nostril. Now turn the compressor on.



- 8 Very important: Make sure your soft palate is closed! How do you do that? Make the sound of a "K" and keep your mouth in this position, with your tongue pressed against the palate. Or, open your mouth as wide as possible, then the soft palate closes automatically.



- 9 Carry out the treatment with your soft palate closed for about 10 seconds, and then take a short break (when the soft palate is closed you cannot breathe in). Repeat the process to continue the treatment.

Tip: You can check if your soft palate is closed correctly, as your nostrils will slightly vibrate (check by feeling your nostrils with your finger).

- 10 After completing half the treatment (2-3 minutes), change nostrils and continue as described in step 8.

- 11 When your inhalation session is complete, switch the compressor off and disconnect the tubes from the nebuliser chamber. Switch the device on again to dry the tubes out.



# Hygiene Tips

- 1 Disconnect the tubes from the nebuliser.

- 2 Disassemble the nebuliser into its individual components: nasal joining piece, bend, nebuliser upper section and nebuliser lower section, also the orange nozzle attachment and vibration connection.



**Quick Reference Guide**  
For more details, please read and follow the Instructions for Use.

- 3 Clean all parts carefully in warm, running water and with a little dishwashing detergent.



- 4 Rinse all of the individual components thoroughly with clean water.

- 5 The PARI SINUS nebuliser can be disinfected in a standard commercial steam disinfectant.



Alternatively, place all the parts in boiling water for at least 5 minutes. Make sure that all parts are completely immersed in the water.



- 6 Allow the individual components to dry at room temperature.



- 7 When they are completely dry, store the parts in a dry, dust-free place.



- 8 The air filter, nebuliser and connection tubing should be replaced every year. These components are included in the PARI LC SPRINT SINUS Year Pack, which you can purchase from PARI or your specialist dealer. If any parts get too dirty to be cleaned properly, or if they become damaged, they must be replaced.