

Do you experience:

thick mucus

recurring lung infections

shortness of breath
persistent cough

Meet Aerobika[®]

Airway Clearance Device

Helps clear mucus.¹ Improves lung health.²

The **Aerobika[®]** device is a drug-free, airway clearance device designed to help clear excess mucus and improve breathing.



The **Aerobika[®]** device has been clinically proven to help:



Clear Mucus in Airways¹



Improve Breathing³



Reduce Coughing^{4,5}

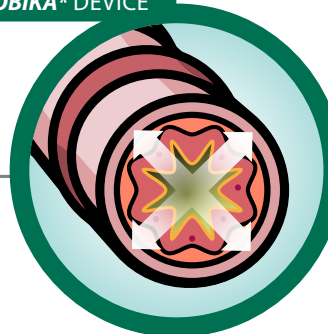
How the **Aerobika[®]** device helps people with these symptoms:

WITHOUT **AEROBIKA[®]** DEVICE

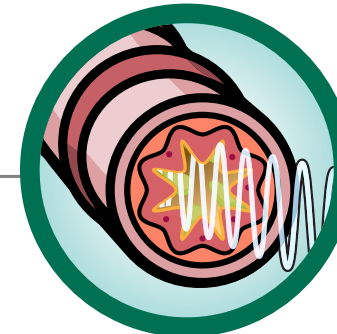


Closed Airways
Airways inflamed and filled with mucus.

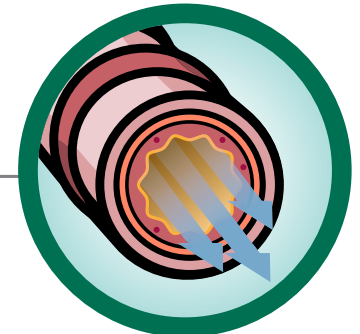
WITH **AEROBIKA[®]** DEVICE



Opens Airways¹
with pressure.



Clears Airways¹
Vibrations thin and loosen mucus.



Helps Improve Breathing³
by facilitating airflow.

Aerobika[®]

Made in Canada
with Canadian and North American parts

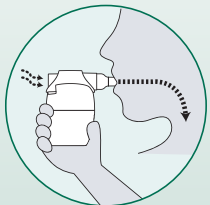
TRUDELL MEDICAL INTERNATIONAL

Getting started with your *Aerobika** device.

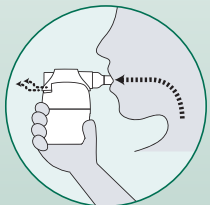
Easy to Use.



CLOSE LIPS
around mouthpiece



BREATHE IN
and hold 2-3 seconds



BREATHE OUT
slowly, steadily, firmly

QUICK TIP: avoid puffing out your cheeks



REPEAT
and huff cough

Simple to Clean.

For disinfection methods, please refer to full instructions.



WASH
in warm soapy water
for 15 minutes



RINSE



AIR DRY
thoroughly

or



DISHWASHER SAFE
top rack in basket

Your Lungs. Your Plan.

To be completed with your healthcare professional.

Recommended Resistance Level

How many sessions per day?

How many minutes per session?

Additional notes:

Adjusts to your needs.



Set the resistance indicator with your healthcare professional, starting at the middle setting. Adjust if needed, moving left for more resistance and right for less resistance.

“Really helps clear my lungs and helps me breathe easier!”

LINDA
CANADA



Helpful Videos

Scan to get the most from your device



Join the *myAERO* Community

to unlock exclusive benefits



Aerobika

#1 RECOMMENDED
OPEP DEVICE IN THE UK

